



# Adaptive Physical Education Workshops for 2018-2019

## September 26, 2018 | **APE Means Awesome PE**

This fast-paced, action-packed workshop gives teachers a bundle of fun, easy, and quick physical games and activities to play with their students. The activities are designed for young children and students with special needs. Every student will benefit from these activities. The activities are taught with minimal equipment for small or large classes. Many of the games presented in this workshop can be played outdoors, indoors, in a gym, hall, or classroom. More than 50 games and ideas will be presented in their energetic six-hour workshop. These activities will enhance inclusion for students with special needs in the general education PE setting. Come prepared to laugh and learn as you participate. Anyone in charge of PE, play, or recess, or those looking for study breaks for their students will benefit from this workshop.

## November 14, 2018 | **Smart Moves: Activities & Games That Enhance Learning**

This fun and active workshop is for classroom teachers, PE teachers, and teachers of students with special needs. The workshop will examine the research and impact of incorporating physical movement and activities in academic learning. Many of the movements and activities played in this workshop are designed to be played in the classroom. A section in this workshop will examine recess and give practical tips on management. This workshop will give PE teachers, classroom teachers, and therapists loads of activities to play indoors in the classroom or outside in a large space.

## February 27, 2019 | **Physical Education for Students with Low Incidence Disabilities**

Activities and game adaptations for student's with low incidence disabilities. This workshop will cover fun, individual and group activities that meet the Texas Essential Knowledge and Skills (TEKS). Participants will actively participate in the activities and then will conclude with sample stations for low incidence students.

### Presenter

**Jeff Key, M.Ed.**, has been a physical educator for more than 30 years. He has taught and coached adapted physical education to elementary, junior high, high school, and college students. Jeff has taught general and special education PE classes. He has also taught at the National Adapted Physical Education Conference; Texas Association of Health, Physical Education, Recreation, and Dance (TAHPERD); and he is the Past Chair of the Adapted PE section of TAHPERD. He has taught numerous workshops on fitness and physical education throughout Texas Regional Education Service Centers. He is currently an adapted Physical Education Teacher for Lubbock Cooper Cooper ISD.

### Registration

All workshops will be held at ESC Region 11 from 9:00 a.m. – 4:00 p.m. Six CPE credits will be offered for each session. There is no fee for participants from Region 11 Instructional Solutions and Support Contract districts, \$50 per participant from Region 11 districts, and \$100 per participant from districts outside Region 11. For more information, contact Carol Brant at 817-740-7537 or [cbrant@esc11.net](mailto:cbrant@esc11.net).