|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Time** | **Topic** | **Target Grade Level Or**  **Audience** | **Session Details** | **Registration Link** | **Session #**  **Credit Type** |
| 09/01/20 | 10:00 - 11:00 a.m. | School Counselor PLC | All Levels | This meeting is intended to create a network of counselors who can collaborate and share resources. Any updates from TEA, the Higher Education Coordinating Board, or other critical education entities will be shared. | <https://bit.ly/2PJC1We> | **#49356**  **1.0 hr**  **CPE** |
| 09/03/20 | 8:00 a.m. - Noon | Youth Mental Health First Aid (in proud partnership with MHMR of Tarrant County) Session | All Levels | Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. | <https://bit.ly/3kE5tuN>  **Registration Closed** | **#47349**  **4 hrs**  **CPE** |
| 09/03/20 | 11:00 a.m. - Noon | Adolescent Stress & Anxiety | All Levels | Dallas Behavioral Healthcare Hospital will present this session on the impact of stress and anxiety on adolescents and youth. Hear examples on how stress and anxiety can manifest into behaviors that impact students cognitively, emotionally, and physically. Let's learn more about how we as adults can best support students who have been impacted by stress and anxiety. | <https://bit.ly/2FaryAX>  <https://bit.ly/3gTc56u>  (LPC Only) | **#49396**  **1.5 hrs**  **CPE**  **#49397**  **1.5 hrs**  **LPC** |
| 09/10/20 | 9:00 a.m. - Noon | Trust-Based Relational Intervention (TBRI) Training | All Levels | TBRI® is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI® is connection. TBRI® is designed for children from "hard places," such as abuse, neglect, and/or trauma. Because of their histories, it is often difficult for these children to trust the loving adults in their lives, which often results in perplexing behaviors. TBRI® offers practical tools for parents, caregivers, teachers, or anyone who works with children to see the "whole child" in their care and help that child reach his or her highest potential. | <https://bit.ly/2PN3FBB>  <https://bit.ly/2PQWM20>  (LPC Only) | **#49768**  **4.0 hrs**  **CPE**  **#49769**  **4.0 hrs**  **LPC** |
| 09/15/20-09/16/20 | 9:00 - 10:30 a.m. | uAspire FAFSA Completion Workshop | High School | uAspire is a national organization that works closely with the U.S. Department of Education. Due to the depth of the training, it has been configured into two sessions. In order to receive credit, you must attend both sessions. This workshop will help you master the FAFSA/TAFSA by practicing complex scenarios, learning to complete the financial section with confidence, and gaining best practices for working with special student populations. You'll be able to: determine whether a student is considered independent or dependent, and whom to report as the parent(s); complete the financial sections for different family financial situations; and identify key resources to support accurate FAFSA completion. Additionally, strategies for completing FAFSA/TAFSA in a virtual setting will be discussed! | <https://bit.ly/31KffD3> | **#49985**  **3.0 hrs**  **CPE** |
| 09/18/20 | 10:00 a.m. - Noon | House Bill 5 for New Administrators and Counselors | Middle & High School | This course will take a deep dive into House Bill 5 requirements. We will review the rationale for the legislation, special situations, how to locate information, endorsements, pathways, and any new updates. | <https://bit.ly/2XTNyXk> | **#49765**  **3.0 hrs**  **CPE** |
| 09/22/20 | 9:00 - 10:30 a.m. | Human Trafficking, Trauma & the Brain | All Levels | This Human Trafficking session will go deeper into the manifestation of behaviors in our youth who have experienced traumas associated with human trafficking. As we begin the new school year, it is imperative that we are equipped to recognize the signs of human trafficking and how behaviors we see could be telling a story of trauma. | <https://bit.ly/3kEiXH5>  <https://bit.ly/2PMVhlx>  (LPC Only) | **#49772**  **2.0 hrs**  **CPE**  **#49773**  **2.0 hrs**  **LPC** |
| 09/24/20 | 8:00 a.m. - 1:30 p.m. | Mental Health First Aid (in proud partnership with MHMR of Tarrant County) | All Levels | Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. | <https://bit.ly/3gRXckX>  Registration Deadline: 8/25/2020 | **#47339**  **6.0 hrs**  **CPE** |
| 10/01/20 | 9:00 a.m. – Noon | Foreign Transcript Training | Middle & High School | Are you interested in a framework for interpreting and better understanding foreign transcripts? Does your campus or district lack consistent practices for interpreting and awarding credit for foreign transcripts? Would you like to know resources for finding information regarding courses and grading scales from around the world? Do you wish you had a manual with step-by-step guidance? If you answered “YES” to any of these questions, then this training is for you! You will learn a framework for interpreting foreign transcripts from our most common countries here in Texas along with some guidance for dissecting transcripts from less common countries. Bring your transcripts and questions to finally get some answers and direction! | <https://bit.ly/30Rqafd>  Registration Deadline 9/15/20 | **#48123**  **3.0 hrs**  **CPE** |
| 10/01/20 | 1:00 - 4:00 p.m. | Domestic Transcript Training | Middle & High School | Understanding and working through domestic transcripts can be challenging. This workshop will help clarify requirements of the AAR, how to code in PEIMS, and interpretation recommendations for reviewing transcripts from around the nation and in Texas. | <https://bit.ly/3ai1UG7>  Registration Deadline: 9/15/2020 | **#48134**  **3.0 hrs**  **CPE** |
| 10/2/20 | 10:00 -11:00 a.m. | The Arts of Self-Care | All levels | Taking care of yourself goes beyond "just" yoga. In fact, there are a variety of art platforms that can support you in being a healthier YOU. From movies to music and movement, come learn how the arts can support you in maintaining the boundaries of self-care. \*Our partner affiliate Sante will be providing social work credit. If you'd like to receive that credit, please email sbenavidez@esc11.net for the link! Both LPC and standard CPE credit will be awarded by ESC Region 11. | <https://bit.ly/3iRPbNf>  <https://bit.ly/2CHhgaM>  (LPC Only) | **#49010**   1. **hr**   **CPE**  **#50032**  **1.0 hr**  **LPC** |
| 10/06/20 | 8:00 a.m. - 12:30 p.m. | Youth Mental Health First Aid | All Levels | Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. This session requires two registrations -- one through ESC Region 11 and one through MHMR. | <https://bit.ly/3kDIeBh>  Registration Deadline: 9/6/2020 | **#49999**  **6.0 hr**  **CPE** |
| 10/06/20 | 10:00 - 11:00 a.m. | School Counselor Toolkit Tuesday | All Levels | School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead. | <https://bit.ly/33Un0cs>  <https://bit.ly/3iy6SBm>  (LPC Only) | **#49938**  **1.0 hr**  **CPE**  **#49940**  **1.0 hr**  **LPC** |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 10/14/20 | 9:30 - 10:30 a.m. | Substance Abuse Trends | All Levels | Substance abuse continues to be a struggle for students. Find out new drug trends, signs and symptoms of abuse, and ways to help support students and families impacted by substance abuse. | <https://bit.ly/3gfLi3e>  <https://bit.ly/3g6ucok>  (LPC Only) | **#49008**  **1.5 hrs**  **CPE**  **#50034**  **1.5 hrs**  **LPC** |
| 10/20/20 | 8:00 a.m. -1:30 p.m. | Mental Health First Aid | All Levels | Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This five-and-a-half-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. This session requires two registrations -- one through ESC Region 11 and one through MHMR. | <https://bit.ly/2XTpmEo>  Registration Deadline:  9/18/20 | **#49988**  **6.0 hrs**  **CPE** |
| 10/20/20 | 10:00 - 11:00 a.m. | School Counselor Toolkit Tuesday | All Levels | School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead. | <https://bit.ly/30OZZ8Q>  <https://bit.ly/2XXsSO9>  (LPC Only) | **#49941**  **1.0 hr**  **CPE**  **#49942**  **1.0 hr**  **LPC** |
| 11/17/20 | 10:00 - 11:00 a.m. | School Counselor Toolkit Tuesday | All Levels | School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead. | <https://bit.ly/3amtDFr>  <https://bit.ly/3fNJuhy>  (LPC Only) | **#49943**  **1.0 hr**  **CPE**  **#4994**  **1.0 hr**  **LPC** |
| 11/18/20 | 10:00 - 11:00 a.m. | School Counselor PLC | All Levels | This meeting is intended to create a network of counselors who can collaborate and share resources. Any updates from TEA, the Higher Education Coordinating Board, or other critical education entities will be shared. | <https://bit.ly/3h7f1g1> | **#49821**  **1.0 hr**  **CPE** |
| 12/3/20 | 1:00 - 2:15 p.m. | Facing the New Normal | All Levels | This presentation covers a systemic review of trauma and the effects of the year on students, families, and staff. It will include current mental health trends that have been seen as students, educators, and parents adjust to the new normal. Join us for a powerful discussion on what to recognize and how to best support in this ever-changing environment. | <https://bit.ly/2Q6xwVY>  <https://bit.ly/2FC2Hq4>  (LPC Only) | **#49446**  **2.0 hrs**  **CPE**  **#50031**   1. **hrs**   **LPC** |
| 12/8/20 | 10:00 - 11:00 a.m. | School Counselor Toolkit Tuesday | All Levels | School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead. | <https://bit.ly/3fRyCiM>  <https://bit.ly/3kRp5vQ>  LPC Only | **#49945**  **1.0 hrs**  **CPE**  **#49946**  **1.0hrs**  **LPC** |
| 12/10/20 | 9:00 - 10:00 a.m. | Ethics for School Counselors | All Levels | This session will look at ethical implications for both face-to-face and virtual counseling. Participants will apply the ASCA ethical standards for each scenario presented. The session will be designed to support counselors as they work through virtual situations and transition to face-to-face interaction. | <https://bit.ly/2Q5XOHC>  <https://bit.ly/2Q0qHoO>  (LPC Only) | **#47979**  **1.5 hrs**  **CPE**  **#50030**  **1.5 hrs**  **LPC** |