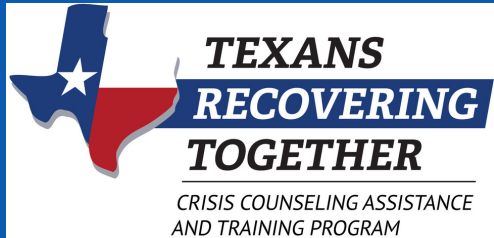


TEXANS RECOVERING TOGETHER CRISIS COUNSELING PROGRAM



For School Personnel

WHAT IS THE TEXANS RECOVERING TOGETHER CRISIS COUNSELING PROGRAM?

Texans Recovering Together Crisis Counseling Program (CCP) is a grant-funded, disaster-relief program developed in response to the COVID-19 pandemic. The CCP provides brief, solution-focused, non-clinical counseling to individuals impacted by COVID-19. All of our services are FREE and CONFIDENTIAL, and include but are not limited to:

- Crisis Counseling
- Resource Referrals
- Skill Building
- Grief and Loss Support
- Disaster Awareness and Education

HOW CAN THE CCP SUPPORT LOCAL SCHOOLS?

Local CCP programs provide support to public, private, and charter schools, school districts, early education/pre-kindergarten programs, and other community based childcare and afterschool programs. Here are some examples of how the CCP can support students, teachers, and families at your school!

- Training for teachers in how to identify stress reactions among themselves and students
- Assistance in developing a trauma-informed classroom
- Strategies on self-care and how to minimize burnout
- Skill-building on how to discuss feelings and emotions
- Solution-focused mental health support for students, teachers, school staff, and parents who are struggling due to COVID-19
- Assistance with referrals to community resources

Contact the Texans Recovering Together Crisis Counseling Program today for FREE COVID-19 mental health support in your school!

TEXAS COVID-19 24/7 MENTAL HEALTH SUPPORT LINE: (833)-986-1919