



Spring 2021 Webinars & Events

Contact Valerie Roper at vproper@esc11.net for LPC Passwords.

Date		Topic	Target Grade Level Or Audience	Session Details	Registration Link	Cost	Session # Credit Type
01/13/21	8:30 a.m.- 1:30 p.m.	Youth Mental Health First Aid	All Levels School Personnel	Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/36Gfpht Registration Deadline: 12/11/20	\$0 All	#50594 6.0 hrs CPE
01/14/21	10:00 a.m - 11:00 a.m.	Crisis Intervention & Self-Care	All Levels	Individuals in crisis often need a level of triage that goes beyond our day-to-day techniques. This session will focus on empathy and listening skills to diffuse and assist those in active crisis situations.	https://bit.ly/32Sm8Up https://bit.ly/3ntyCdb (LPC Only)	\$0 All	#50673 2.0 hrs CPE #50674 2.0 hrs LPC



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01/19/21 -1/20/21	9:00 a.m. - Noon	Trauma Sensitive Schools Trainer-of-Trai ner	All Levels	SB 11 and HB18 both mandate the use of trauma-informed practices, programming, and policies for public school districts. In an effort to build a foundation for the Safe and Supportive Schools programming and meet the TEA trauma-informed care educator requirement, leadership teams* are invited to attend this trainer-of-trainer session. Participants must register as a team that includes a group of campus or district level leadership. The intent of this workshop is to provide participants with the tools and resources needed to build campus-level efforts that support trauma-informed programming. This is a two-day training, credit will only be given to those who attend both days.	https://bit.ly/3myV18E	\$0 In Contract	#50831 9.0 hrs CPE
					https://bit.ly/3g27AqH (LPC Only)	\$50 Out-of- Contract	#50829 9.0 hrs LPC
1/21/21	10:00 a.m. - 11:00 a.m.	Making Mindfulness Meaningful	All Levels	Is your mind full, or mindful? This session will explore the depths of Mindfulness as a component of the Dialectical Behavior Therapy Model as well as learning to live life in the present moment despite all of the challenges life may bring.	https://bit.ly/32PLeTM	\$0 All	#50668 2.0 hrs CPE
					https://bit.ly/2IHx37g (LPC Only)		#50669 2.0 hrs LPC



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1/26/21	9:00 a.m. - Noon	Foreign Transcript Training	Middle School & High School	Are you interested in a framework for interpreting and a better understanding of foreign transcripts? Does your campus or district lack consistent practices in interpreting and awarding credit for foreign transcripts? Would you like to know resources for finding information regarding courses and grading scales from around the world? Do you wish you had a manual with step by step guidance? If you answered "YES" to any of these questions then this training is for you! You will learn a framework for interpreting foreign transcripts from our most common countries here in Texas along with some guidance for dissecting transcripts from less common countries. Bring your transcripts and questions to finally get some answers and direction!	https://bit.ly/3kxNaWV	\$60 In Contract \$100 Out-of-Contract	#50810 3.0 hrs CPE
1/27/21	8:30 a.m. - 1:30 p.m.	Mental Health First Aid	All Levels and All Public Entities	Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This five-and-a-half-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance-use problem	https://bit.ly/3lCunvd Registration Deadline: 12/22/20	\$0 All	#50595 6.0 hrs CPE



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				and help connect them to the appropriate care.			
2/3/21	9:00 a.m. - 10:00 a.m.	School Counselor PLC	All Levels	This meeting is intended to create a network of counselors who can collaborate and share resources. Any updates from TEA, the Higher Ed Coordinating Board, or other critical education entity will be shared.	https://bit.ly/2H6lc72	\$0 In Contract \$25 Out-of-Contract	#50812 1.0 hr CPE
2/10/21	9:00 a.m. - 12:30 p.m.	Youth Mental Health First Aid	All Levels School Personnel	Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/3nw1AJi Registration Deadline: 1/11/21	\$0 All	#50680 6.0 hrs CPE
2/11/21	9:00 a.m. - 11:00 a.m.	TACAC Drive-in Workshop	High School	The Texas Association for College Admission Counseling (TACAC) develops professionals committed to providing high-quality counseling to ensure students' access to and persistence through post-secondary education. Drive-In Workshops are a way for the organization to provide free, high-quality professional development to counselors	https://bit.ly/36EQKd3	\$0 All	#50632 3.0 hrs CPE



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				across the state, and they are thrilled to be working with ESC Region 11 this year. The topics below will all be addressed, plus more! - Navigating Requirements for the NCAA - FAFSA, TASFA, CSS Profile, and Financial Aid - Trends in Higher Education Data - Helping Students and Families Value College During COVID-19			
2/17/21	9:00 a.m. -10:30 a.m.	Restorative Practices	All Levels	<p>This session is intended to equip counselors with tools to assist with the implementation of the positive behavioral supports required under the Safe and Supportive Schools Initiative.</p> <p>Educators recognize the importance of establishing and maintaining positive, healthy school climates as well as helping students learn from their mistakes. By partnering with parents, students, staff and the community we can create a culture that teaches accountability, how to resolve conflict, and give students choice and voice while also reducing discipline issues</p>	https://bit.ly/37I2wUv https://bit.ly/33QT0Nw (LPC Only)	\$0 In Contract \$25 Out-of-Contract	#50827 2.0 hrs CPE #50828 2.0 hrs CPE



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2/24/21	8:00 a.m. - 1:30 p.m.	Mental Health First Aid	All Levels & All Public Entities	Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This five-and-a half-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/3kFK0jY Registration Deadline: 1/28/21	\$0 for All	#50679 6.0 hrs CPE
2/24/21- 2/26/21 3-Day Workshop	8:00 a.m.- 5:00 p.m.	NOVA Training	All Levels	The National Organization for Victim Assistance (NOVA) training will prepare counselors to serve on Crisis Recovery Teams to help schools recover from crisis situations by learning the basics of crisis intervention. Session topics include: the NOVA crisis response model; group victim intervention techniques; the experience and impact of trauma on emotions, memory, and cognitive abilities; death notifications; trauma reactions in children; cultural influences on trauma; and CRT leadership. This is a three-day workshop.	NOVA Crisis Response Team Training (Crisis Team Only) https://bit.ly/36RjaSo Face-to-Face Session NOVA Crisis Response Team Training - Open to Everyone https://bit.ly/3qyg0L7 Face-to-Face Session	\$0 For Crisis Response Team Members \$150 In Contract \$250 Out-of- Contract	#50886 21.0 hrs CPE #50887 21.0 hrs CPE



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3/3/21	9:00 a.m. -10:30 a.m.	Show Me the Money: Helping Students and Families Conduct Effective Scholarship Searches	All Levels	This session is intended to equip counselors with skills to teach students and parents how to effectively search for scholarships by creating and executing a plan of action, conducting targeted searches, writing effective essays and other tips to increase their chances of earning those college dollars. Nationally recognized speaker, Gabrielle McCormick, is the founder and CEO of The Scholarship Informer. She has personally earned over \$200,000 in scholarships and not only graduated from college debt-free but was able to pursue her doctorate at the age of 23, funded completely by grants and scholarships. Today she is on a mission to teach everything she knows about scholarship searching to students and parents so that they too can achieve their higher education goals.	https://bit.ly/2VUKA3j	\$0 In Contract \$25 Out-of-Contract	#50826 2.0 hrs CPE
3/4/21	10:00 a.m. - 11:00 a.m.	Coping Through Covid with Distress & Tolerance Skills	All Levels	Learning distress tolerance skills can help to navigate life's most stressful moments. Dialectical Behavior Therapy utilizes the teachings of Distress Tolerance Skills to help change a difficult	https://bit.ly/32Pdjut https://bit.ly/3kE0skl	\$0 All	#50671 2.0 hrs CPE #50672



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				or challenging situation into a more positive experience.	(LPC Only)		2.0 hrs LPC
3/10/21	8:30 a.m. - 1:30 p.m.	Youth Mental Health First Aid	All Levels Focus on School Personnel	Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/3gjTn8B Registration Deadline: 02/10/21	\$0 All	#50855 6.0 hrs CPE
03/24/21	8:30 a.m. - 1:30 p.m.	Mental Health First Aid	All Levels & All Public Entities	Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This five-and-a half-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/36RIXdf Registration Deadline: 02/24/21	\$0 All	#50856 6.0 hrs CPE



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3/25/21	9:00 a.m. -11:00 a.m.	AS+K Suicide Prevention	Charter School Personnel, Counselors, Assistant Principals, Principals, Teacher - General Education	The ASK About Suicide to Save a Life curriculum has been used in Texas since 2005 and has trained more than 18,000 Texans through a training-of-trainer network as well as more than 20,000 participants online. This evidence-informed approach is widely recognized in Texas for its suicide prevention gatekeeper training for community members, faith-based organizations, veteran service organizations, schools and higher education, first responders, healthcare workers, and mental healthcare providers. Join us to learn about how the AS+K Suicide Prevention program can teach you the skills needed to address suicide prevention for the youth and adults you serve.	https://tinyurl.com/yyzd8hcv Registration Deadline: 3/24/21	\$0 In Contract \$25 Out of Contract	#50838 2.0 hrs CPE
3/30/21		School Counselor Toolkit Tuesday		School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead.	Save the Date	\$0 All	



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4/1/21		Character Strong Summit		SAVE THE DATE!			
4/20/21	9:00 a.m. -10:30 a.m.	Growth Mindset: Helping Students Stretch their Brains and Explore their Possibilities	All Levels	Helping students see the bigger picture, set goals, and reach for the stars is what counselors do best. This session is intended to examine and expand our own growth mindset while learning how to help our students expand theirs.	https://bit.ly/3IT3zG0 https://bit.ly/36TbjDG (LPC Only)	\$0 In Contract \$25 Out-of-Contract	#50825 2.0 hrs CPE #50824 2.0 hrs LPC
4/27/21		School Counselor Toolkit Tuesday		School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead.	SAVE THE DATE	\$0 All	
5/5/21	9:00 a.m. - 12:30 p.m.	Youth Mental Health First Aid	All Levels Focus on School Personnel	Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be	https://bit.ly/2VQQD98 Registration Deadline: 4/5/21	\$0 All	#50818 6.0 hrs CPE



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				developing a mental health or substance use problem and help connect them to the appropriate care.			
5/19/21	9:00 a.m. - 10:00 a.m.	School Counselor PLC	All Levels	This meeting is intended to create a network of counselors who can collaborate and share resources. Any updates from TEA, the Higher Ed Coordinating Board, or other critical education entity will be shared.	https://bit.ly/36FWDxw	\$0 In Contract \$25 Out-of-Contract	#50811 1.0 hr CPE
5/19/21	8:00 a.m. - 1:30 p.m.	Mental Health First Aid	All Levels & All Public Entities	Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This five-and-a half-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.	https://bit.ly/3glLQG8 Registration Deadline: 4/29/21	\$0 for All	#50817 6.0 hrs CPE
5/25/21	9:00 a.m. - 10:00 a.m.	School Counselor Toolkit Tuesday	All Levels	School Counselor Toolkit Tuesday is designed to provide quick counseling techniques, strategies, and ideas. We will discuss, demonstrate, and allow time for practice with each skill-based method. Keeping our toolkit full will help us all take on the challenges ahead.	SAVE THE DATE		



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5/27/21	9:00 a.m. - 10:00 a.m.	Ethics for School Counselors	All Levels	This session will look at ethical implications for both face-to-face and virtual counseling. Participants will apply the ASCA ethical standards for each scenario presented. The session will be designed to support counselors as they work through virtual situations and transition to face-to-face interaction.	https://bit.ly/2VSdn8V https://bit.ly/3mVxGOG (LPC Only)	\$0 In Contract \$25 Out-of- Contract	#50833 1.5 hrs CPE #50835 1.5 hrs LPC
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